

Organic

AÇAI BOWLS

Choose your base



9.95

*AÇAI

açaí, banana, blueberries, agave, green tea, coconut oil

*AÇAI & PASSION FRUIT

açaí, passion fruit, raspberries, banana, agave, green tea, mct coconut oil

Choose four toppings

Extra 1.00

banana	blackberries
blueberries	kiwi
mango	strawberries
pineapple	coconut flakes
goji berries	almonds
walnuts	chia seeds
flax seeds	hemp seeds
peanut butter	nutella
honey	agave
maple syrup	GF granola
cacao nibs	almond butter + .25

SMOOTHIES 16 oz

BERRYLADA

8.25

raspberries, blackberries, blueberries, pineapple, coconut milk, agave

PIÑA COLADA

8.25

pineapple, banana, coconut milk, shredded coconut, agave

GREEN LIFE

8.25

spinach, mango, banana, lemon juice, agave, shredded coconut, coconut milk

MORNING WAKE UP

9.00

banana, espresso powder, cocoa powder, maple syrup, oat milk, choice of protein

THE HEMP DELIGHT

9.00

mango, pineapple, chia seeds, coconut water, coconut milk, hemp protein

PB & J

8.25

strawberries, banana, peanut butter, coconut milk

GREEN MONSTER

9.00

avocado, spinach, coconut milk, mint, lemon juice, agave, choice of protein

THE FAT ELVIS

9.00

banana, strawberries, peanut butter, oat milk, maple syrup, hemp protein

Sub almond butter for .25

ADD

1.00

chia seeds, flax seeds, peanut butter, nutella, ginger, spinach, kale, espresso powder, peanut powder

ADD

1.25

hemp protein, pea protein, almond butter

FLATBREADS

8.25

Make it a vegan flatbread

+\$1

MARGHERITA

house made marinara sauce, mozzarella cheese, tomato topped with fresh basil

ROASTED VEGETABLE

olive oil, mozzarella cheese, yellow bell pepper, tomato, broccoli, mushrooms, red onion

BANANA AND ARUGULA

mozzarella cheese, banana, crushed red pepper, red onions, baby arugula, lemony vinaigrette

CREATE YOUR OWN

House made marinara sauce, mozzarella cheese plus three toppings

EXTRA TOPPINGS

\$1

mushrooms, yellow bell pepper, tomato, red onion, arugula, broccoli, banana, marinara sauce, basil, mozzarella cheese, vegan mozzarella cheese

TOAST

AVOCADO TOAST

HALF FULL
6.95...9.95

Avocado topped with tomatoes, pickled onions and arugula

NUTELLA TOAST

5.95...8.95

Hazelnut spread topped with strawberries, cacao nibs and almonds

ALMOND BUTTER TOAST

5.95...8.95

Almond butter topped with banana, cinnamon, hemp seeds and cinnamon

SNACKS

RED BEET HUMMUS

7.50

In house made hummus with roasted red beets topped with carrots and celery

BANANA CHIA PUDDING

5.95

Topped with banana slices and GF granola



1466 Rock Springs Rd,
Apopka FL 32712

407-410-5055

M-S 7am-7pm
Sunday closed

Organic

COLD PRESSED JUICES 12 oz

SUPER GREEN	6.95
Spinach, kale, cucumber, kiwi, celery, lemon	
HYDRATE	6.95
Kale, green apple, lemon	
VIVACIOUS RED	6.95
red beets, kale, cucumber, spinach, celery, apples, lemon	
REPLENISH	6.95
cucumber, celery, watermelon, apples, ginger, red beets, lemon	
IMMUNITY BOOSTER	6.95
pineapple, carrots, turmeric, cucumber, gold beets, lemon	
LIQUID SUNSHINE	6.95
carrots, apples, celery, ginger, lemon	
14 CARROT GOLD	6.95
orange, carrots, ginger, turmeric	

WELLNESS SHOTS 2 oz

TURMERIC	4.00
turmeric, apples, coconut water, celery, carrots, black pepper, lemon	
GINGER	4.00
ginger, apples, celery, cayenne, coconut water, lemon	
BOOSTER	4.00
ginger, turmeric, coconut water, apple, lemon	
WHEATGRASS	6.00
wheatgrass, apple, lemon	

KOMBUCHA



	12oz	32oz
GINGER BERRY	5.00	13.00
BUTTERFLY MINT	5.00	13.00
PASSION MANGO KRATOM	5.25	14.00
KAVA SELTZER	5.25	14.00

*FLAVORS SUBJECT TO CHANGE

Bring back your growler and get \$2 off

BOTTLES 12oz

ELDERBERRY KRATOM	5.25
LEMONS MANE	5.25

COFFEE

Choose: oat, almond, coconut or soy milk

ESPRESSO	2.50
CORTADO	3.69
CAPPUCCINO	4.69
AMERICANO	12oz 3.89 16oz 4.59
LATTE	12oz 4.69 16oz 5.39
WHITE MOCHA	12oz 5.19 16oz 5.89
CHAI TEA LATTE	12oz 4.79 16oz 5.59
COLD BREW NITRO	16oz 5.00
COCONUT MOCHA Cold brew	16oz 5.00



Add flavors .75

dark chocolate, white chocolate, hazelnut, vanilla, agave, honey, maple syrup, DF coconut whip cream

HOT DRINKS 12 oz

APPLE CIDER	12oz 5.50
<i>topped with coconut whip cream and cinnamon</i>	
HOT CHOCOLATE	12oz 3.79
TEAS	12oz 3.99 16oz 4.59
<i>(ginger, american green, lavender coconut, florida chai, revive mint, fire roasted)</i>	

GRAB & GO

JUST WATER	2.50
FOXTAIL COLD BREW	5.00
FOXTAIL COFFEE BEANS	18.00

ABOUT US

Native Health & Juice offers a full line of house made 100% organic cold pressed juices, smoothies, locally roasted espresso, local kombucha and more. We're creating jobs and supporting our local farms.

Support local, support organic and support your health!